

Passing Part five

Half Size Field -7v7 plus goalkeepers

Purpose- Normal scrimmage aimed at passing and movement

Organization

Players play 7v7 on half field normal game rules apply

Players are asked to focus on passing. For example before a player can shoot at goal the team must make 5 passes .

Coaching Points

Communication

Movement into open space

Open hips

Good first touch out of feet to allow you to play ball in all directions.